

Juices

Orange, Grapefruit, Tomato,
Low sodium V8, Pineapple, Cranberry, Apple or Prune \$3.50

Fresh Seasonal Fruit

- ♥ Fruit Plate with your choice of Yogurt or Cottage Cheese \$10.25
- Berries in Season with Cream or Yogurt \$6.50
- ♥ Granola Parfait with fresh Berries and Low Fat Yogurt \$6.75
 - ♥ Segmented Grapefruit \$3.95
 - ♥ Yogurt or Low Fat Cottage Cheese \$3.00

Breakfast Bakery

Toast (*White, Rye, Whole Wheat, Raisin, Sourdough and Four-Grain*) \$2.50
Danish Pastry, Plain Bagel, Flakey Croissant, Bran, Fruit or English Muffin \$3.00

Bakery Basket

Includes Muffin, Danish and Croissant – Butter and Preserves \$5.95

Cold Cereals

All Cereals served with Skim Milk, 2% Milk or Whole Milk

Special K, Corn Flakes, Bran Flakes, Raisin Bran, Frosted Flakes,
Captain Crunch, Froot Loops, Cheerios or Plain or Fruit Granola \$4.00

Served with Sliced Bananas add \$2.00

Served with Seasonal Berries add \$3.00

- ♥ Bircher Müeslix (*combination of fresh fruit and oats*) \$6.25

Hot Cereals

Oatmeal or Southern Grits served with Milk or Cream \$5.00

Continental Breakfast

Your choice of Juice, Fresh Bakery Basket with Butter and Preserves
Coffee, Tea or Milk \$10.50

To Accompany Your Breakfast

- Farm Fresh Eggs any style \$1.25 per egg
- Country Ham Steak, Applewood Smoked Bacon, Canadian Bacon,
Turkey Sausage or Sausage Links \$3.75
American Potatoes \$3.50
- ♥ Low fat Yogurt or Cottage Cheese \$3.00

Beverages

Freshly Brewed Regular or Decaffeinated Coffee \$2.00
Whole, 2%, Skim or Chocolate Milk \$1.75
Selection of Hot Teas \$2.00
Café Latte or Cappuccino, or Hot Chocolate \$3.00
Espresso \$1.25

- Cooked to order

• Consuming Raw or Undercooked Meat Shellfish and Eggs may increase your risk of Food-Borne Illness.

♥ Indicates Heart Healthy Selection

Traditional Breakfast

• The Plaza Suite

Your Choice of Juice, Two Eggs any style, Applewood Smoked Bacon, Sausage, Turkey Sausage, or Country style Ham, American Potatoes, Choice of Toast, Coffee, Tea or Milk \$13.25

• Grilled 6 oz. Sirloin Steak

with Two Eggs any style, American Potatoes and Choice of Toast \$12.75

• Breakfast Hash

Smoked Ham Hash served with Two Eggs any style, Choice of Toast \$9.95

• Smoked Salmon and Bagel

served with Capers, Red Onions, Tomatoes, Lemon and Cream Cheese \$11.50

• Sausage Gravy and Biscuits

with Two Eggs any style and American Potatoes \$9.75

• Traditional Eggs Benedict

Two Poached Eggs with Canadian Bacon on a toasted English Muffin with Sauce Hollandaise and American Potatoes \$11.00

Bentham's Breakfast Feature of the Day

Ask your Server

Omelettes – *all omelettes served with your choice of toast*

• Three Egg Omelette with your choice of Tomatoes, Onion, Spinach, Mushroom, Bell Peppers, Avocado, Sprouts, Ham, Applewood Smoked Bacon or Sausage – choose from American, Swiss or Cheddar Cheese \$12.00

♥• Heart Healthy Omelette - Open-Faced Cholesterol Free Egg White Omelette with Fresh Vegetables, Tomato Salsa \$10.00

• Greek Omelette - with Feta Cheese, Applewood Smoked Bacon, Onions, Tomatoes and Spinach - \$11.00

• The Grand Plaza Omelette - layered with American Potatoes, Sausage Gravy and Cheddar Cheese \$10.75

From The Griddle

Cinnamon Swirl or Michigan Cherry Bread French Toast in Vanilla Batter \$9.50

Malted Belgium Waffle with Fresh Strawberries and Whipped Cream \$9.50

Buttermilk Pancakes with your choice of Blueberry, Dried Cherry,

Strawberry, Chocolate Chip or Banana Pecan Pancakes \$9.75

Split plate charge for all meals-\$2.00

As a courtesy to fellow diners please turn off cellular phones and pagers

All prices are subject to service charge and state sales tax

18% Gratuity will be added to any parties of six or greater